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'Hungry Hell' clearly unveils a highly psychological and also sociological disorder. It is really quite a disturbing book but given the serious content, to approach it in any other manner would be an insult to the 30% of sufferers who die from this disease and the many, many others that never recover.

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9781904095231 - My Hungry Hell by Kate Chisholm
Hungry Hell is a journey back into the anorexic mind. Through reliving her experience, and, with the help of experts and suffers, Kate seeks to explain the illness's cruel contradictions.

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How To Tell If You're Really Hungry | Openfit
Halloween: It's That Time of Year Again, Nick Redfern October 21, 2020. The hungry ghost phenomenon is predominantly an entity that had its origins in the religions and lore of India and Japan. It does, however, have its western equivalent. This particular hungry ghost surfaces from its dark lair on what is without doubt the spookiest night of the year.