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The Addiction Treatment Homework Planner, Fourth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode. This easy-to-use sourcebook features: • Revised homework assignments reflecting clients' stages of readiness and change

**Finley Lenz Addiction Treatment**  
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Psychotherapy Homework Assignments is one of a series of workbooks designed to help people practice the psychological skills they learn in therapy. CONTENTS Introduction Overview of How the Assignments Can Help You ii Learning About Yourself Setting Your Goals for Therapy 2 ...

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Each Treatment Planner includes more than 1,000 clear statements describing the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options. These can be combined in thousands of permutations to develop detailed treatment plans, and relying on their own good judgment and in collaboration with the client, clinicians can easily select the statements that are appropriate for the individuals whom they are treating-a ...

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The SMART Recovery Toolbox provides a variety of methods, worksheets, and exercises to help you self-manage your addiction recovery and your life. This collection of sensible tools is based on developing cognitive thinking skills to support you through addiction recovery.

**SMART Recovery Toolbox - SMART Recovery**  
Organized\* in the Addiction Treatment Homework Planner, 4th ed. by Finley and Lenz). 19. Assign homework asking the client to apply problem-solving skills to an everyday problem; review and provide corrective feedback toward improving the skill. 12. Learn and implement skills to reduce the disruptive influence of distractibility. (20, 21, 22)

**The Addiction Treatment Planner, 4th Edition** ...  
Help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems. The Addiction Treatment Homework Planner, Fifth Edition provides you with an array of ready-to-use, between-session assignments designed to fit virtually every therapeutic mode.

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The list of therapeutic Homework Planners is also growing from the original Brief Therapy Homework for adults to Adolescent, Child, Couples, Group, Family, Addictions, Divorce, Grief, Employee Assistance, and School Counseling/School Social Work Homework Planners.

**Adult Psychotherapy Homework Planner**  
The Addiction Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions