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Cooler, Smarter: Practical Steps for Low-Carbon Living ... Buy Cooler Smarter: Practical Steps for Low Carbon Living Unabridged by Union of Concerned Scientists, Eckhouse, James (ISBN: 0889290832214) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

Cooler Smarter: Practical Steps for Low Carbon Living ... Cooler Smarter is based on an in-depth, two-year study by the experts at The Union of Concerned Scientists. While other green guides suggest an array of tips, Cooler Smarter offers proven strategies to cut carbon, with chapters on transportation, home energy use, diet, personal consumption, as well as how best to influence your workplace, your community, and elected officials.

Cooler Smarter: Practical Steps for Low-Carbon Living ... Cooler Smarter: Practical Steps for Low-Carbon Living by. The Union of Concerned Scientists, Seth Shulman (Goodreads Author), Jeff Deyette, Brenda Ekwurzel, David Friedman, Margaret Mellon, John Rogers, Suzanne Shaw. 4.01 · Rating details · 78 ratings · 19 reviews How can ...

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Cooler Smarter: Practical Steps for Low-Carbon Living by ...
Practical Steps for Low-Carbon Living. Published Mar 29, 2012
Updated Jun 5, 2013. Downloads. The routine decisions that shape our days — what to have for dinner, where to shop, how to get to work — may seem small, but collectively they have a big effect on global warming. Cooler Smarter: Practical Steps for Low-Carbon Living (Island Press) explains why your individual contribution is so vital to addressing this global problem — and shows you the most effective ways to cut your own ...

Cooler Smarter: Practical Steps for Low-Carbon Living ...
Based on an in-depth, two-year study by experts at The Union of Concerned Scientists, Cooler Smarter shows you how to cut your own global warming emissions by twenty percent or more. It offers science-based strategies to cut carbon, including chapters on transportation, home energy use, diet, personal consumption, as well as how best to influence your workplace, your community, and elected ...

Cooler Smarter - Practical Steps for Low-Carbon Living ...
Suzanne Shaw, co-author of Cooler Smarter: Cooler Smarter: Practical Steps for Low Carbon Living provides a roadmap for consumers to cut their carbon footprint 20 percent (or more). My approach to lowering my carbon footprint has gone hand in hand with saving money through sensible upgrades.

Cooler Smarter - Island Press
May 3, 2019. |. CalGreen Staff. SACRAMENTO, Calif. — With its mission to advance systems thinking and the Triple Bottom Line, the California Green Academy (“ CalGreen ”), and its sustainable transport blog “ TransportiCA, ” are proud to announce Cooler Smarter: Practical Steps for Low-Carbon Living, as May 2019 ’ s Book Club selection. Cooler Smarter, unlike other publications, provides numerous easy-to-accomplish tasks for decreasing your carbon

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footprint, including a system for ...

“ Cooler Smarter: Practical Steps for Low-Carbon Living “ is ...
Cooler Smarter 20/20: 20 days. 20 ways. 20% less carbon. We know you're already pretty cool and smart. But we can help you get even cooler and smarter. Your path to reducing your global warming emissions by 20 percent in just 20 days starts here. It's easy and fun, we promise.

Cooler Smarter

Cooler Smarter: Practical Steps for Low-Carbon Living. 6th Edition. by The Union of Concerned Scientists (Author), Seth Shulman (Author), Jeff Deyette (Author), Brenda Ekwurzel (Author), David Friedman (Author), Margaret Mellon (Author), John Rogers (Author), Suzanne Shaw (Author) & 5 more. 3.8 out of 5 stars 20 ratings.

Cooler Smarter: Practical Steps for Low-Carbon Living: The ...
Cooler Smarter: Practical Steps for Low-Carbon Living. by The Union of Concerned Scientists. Format: Paperback Change. Price: \$24.88 + \$3.99 shipping. Write a review. Add to Cart. Add to Wish List Top positive review. See all 14 positive reviews › David C. Tucker. 5.0 out of 5 stars ...

Amazon.com: Customer reviews: Cooler Smarter: Practical ...
The Union of Concerned Scientists (UCS) announced the release of Cooler Smarter: Practical Steps for Low-Carbon Living, a consumer-oriented book based on an in-depth, two-year effort to determine the most effective actions individual Americans can take to reduce their carbon emissions. “ After two years of research, we learned that when it comes to reducing your carbon emissions, what matters most, in order of importance, is: what and how you drive, the energy you use at home, and what you ...

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Cooler Smarter: Practical Steps for Low-Carbon Living ...

For our book *Cooler Smarter: Practical Steps for Low-Carbon Living*, our team took an in-depth look at how much carbon we emit doing lots of the things we do as consumers, based on what we buy and how we live—and what matters most when it comes to cutting carbon. And here ' s what we found: For the average American household, how much we emit depends mostly on what and how we drive, how we use energy at home, and what we eat.

How Your Holiday Gifts Can Fight ... - practical solutions

Cooler Smarter is based on an in-depth, two-year study by the experts at The Union of Concerned Scientists. While other green guides suggest an array of tips, *Cooler Smarter* offers proven strategies to cut carbon, with chapters on transportation, home energy use, diet, personal consumption, as well as how best to influence your workplace, your community, and elected officials.

Cooler Smarter on Apple Books

The workshop series, which will continue into May, is based on the book “ *Cooler Smarter: Practical Steps for Low-Carbon Living*, ” published in 2012 by the Union of Concerned Scientists. About 70 people turned out at Alger Park CRC for the most recent workshop in early March, which focused specifically on diet, food production, and its impact on the changing climate.

Cooler/Smarter Workshops Offer Practical Advice, Raise ...

Cooler Smarter: Practical Steps for Low-Carbon Living. \$20.00 Sold Out. *Fukushima: The Story of a Nuclear Disaster*. \$20.00 Sold Out.

Here: *Poems for the Planet*. \$18.00 Home / Collections / Books .

About. At the Union of Concerned Scientists, we put rigorous science to work to build a healthier planet and a safer world. ...

Books – UCS-Store

The Union of Concerned Scientists is a leading science-based

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nonprofit working for a healthy environment and a safer world. UCS combines independent scientific research and citizen action to develop innovative, practical solutions and to secure responsible changes in government policy, corporate practices, and consumer choices.

The Union of Concerned Scientists

Cooler Smarter Practical Steps for Low Carbon Living. By: vafy. On: 31.10.2020. In: 124. With: 0 Comments. Cooler Smarter Practical Steps for Low-Carbon Living The ...

Cooler Smarter Practical Steps for Low Carbon Living ...

Cooler Smarter Practical Steps for Low Carbon Living; Cooler Smarter Practical Steps for Low-Carbon Living Union; About; Contact; 31.10.2020 by dyzu. Dr. Ted Naiman Treating patients with low carb for 20 years.

How can each of us live Cooler Smarter? While the routine decisions that shape our days—what to have for dinner, where to shop, how to get to work—may seem small, collectively they have a big effect on global warming. But which changes in our lifestyles might make the biggest difference to the climate? This science-based guide shows you the most effective ways to cut your own global warming emissions by twenty percent or more, and explains why your individual contribution is so vital to addressing this global problem. Cooler Smarter is based on an in-depth, two-year study by the experts at The Union of Concerned Scientists. While other green guides suggest an array of tips, Cooler Smarter offers proven strategies to cut carbon, with chapters on transportation, home energy use, diet, personal consumption, as well as how best to influence your workplace, your community, and elected officials. The book explains how to make the biggest impact and when not to sweat the small stuff. It also turns many eco-myths on their head, like the importance of locally produced food

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or the superiority of all hybrid cars. The advice in Cooler Smarter can help save you money and live healthier. But its central purpose is to empower you, through low carbon-living, to confront one of society ' s greatest threats.

From one of the most prestigious nonprofit organizations devoted to environmental issues comes a clear, practical, and rational overview of the relationship between consumers and the environment. Paper or plastic? Bus or car? Old house or new? Cloth diapers or disposables? Some choices have a huge impact on the environment; others are of negligible importance. To those of us who care about our quality of life and what is happening to the earth, this is a vastly important issue. In these pages, the Union of Concerned Scientists help inform consumers about everyday decisions that significantly affect the environment. For example, a few major decisions--such as the choice of a house or vehicle--have such a disproportionately large affect on the environment that minor environmental infractions shrink by comparison. This book identifies the 4 Most Significant Consumer-Related Environmental Problems, the 7 Most Damaging Spending Categories, 11 Priority Actions, and 7 Rules for Responsible Consumption. Learn what you can do to have a truly significant impact on our world from the people who are at the forefront of scientific research.

Who Turned Out the Lights? is an entertaining and nonpartisan guide to the current U.S. energy crisis from Scott Bittle and Jean Johnson, coauthors of the breakout bestseller *Where Does the Money Go?* At once light-hearted and fun—like Jon Stewart ' s *America: The Book* and Stephen Colbert ' s *I am America (and So Can You!)*—and deadly serious, *Who Turned Out the Lights?* helps readers understand what ' s really at stake in the energy debate, an intelligent answer to the partisan Capital Hill squabbling between the “ Drill, Baby, Drill ” and

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“ Every Day is Earth Day ” lobbies.

Describes the scientific evidence for global warming and its likely consequences, and considers the political implications and what governments, businesses, and individuals can do about the phenomenon and the issues it evokes

Psychology for Sustainability, 4th Edition -- known as Psychology of Environmental Problems: Psychology for Sustainability in its previous edition -- applies psychological theory and research to so-called "environmental" problems, which actually result from human behavior that degrades natural systems. This upbeat, user-friendly edition represents a dramatic reorganization and includes a substantial amount of new content that will be useful to students and faculty in a variety of disciplines—and to people outside of academia, as well. The literature reviewed throughout the text is up-to-date, and reflects the burgeoning efforts of many in the behavioral sciences who are working to create a more sustainable society. The 4th Edition is organized in four sections. The first section provides a foundation by familiarizing readers with the current ecological crisis and its historical origins, and by offering a vision for a sustainable future. The next five chapters present psychological research methods, theory, and findings pertinent to understanding, and changing, unsustainable behavior. The third section addresses the reciprocal relationship between planetary and human wellbeing and the final chapter encourages readers to take what they have learned and apply it to move behavior in a sustainable direction. The book concludes with a variety of theoretically and empirically grounded ideas for how to face this challenging task with positivity, wisdom, and enthusiasm. This textbook may be used as a primary or secondary textbook in a wide range of courses on Ecological Psychology, Environmental Science, Sustainability Sciences, Environmental Education, and Social Marketing. It also provides a valuable resource for professional audiences of policymakers, legislators, and those working on sustainable communities.

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The key insight of Gaia Theory is that the entire Earth functions as a single living super-organism. But according to James Lovelock, the theory's originator, that organism is now sick. It is running a fever born of increased atmospheric greenhouse gases. Earth will adjust to these stresses, but the human race faces a severe test. It is already too late, Lovelock says, to prevent the global climate from “flipping” into an entirely new equilibrium that will threaten civilization as we know it. But we can do much to save humanity. In the tradition of *Silent Spring*, this is a call to address a major threat to our collective future.

Climate change is causing, and will increasingly cause, a wide range of adverse health effects, including heat-related disorders, infectious diseases, respiratory and allergic disorders, malnutrition, mental health problems, and violence. The scientific bases for the associations between climate change and health problems are evolving as are the strategies for adapting to climate change and mitigating the greenhouse gases, which are its primary cause. Orchestrating and coordinating contributions from more than 75 selected public health specialists and environmental scientists, the editors have developed a concise and comprehensive book that represents a core curriculum on climate change and public health, including key strategies for adaptation and mitigation. Written primarily for students and mid-career professionals in public health and environmental sciences, the book clearly describes concepts and their application to the health impacts of climate change. Chapters are supplemented with case studies, graphs, tables and photographs. The book's organization in 15 chapters makes it an ideal textbook for graduate and undergraduate courses in public health, environmental sciences, public policy, and other fields.

A practical and comprehensive guide to surviving the greatest disaster of our time, from New York Times bestselling self-help author and beloved CBS Sunday Morning science and technology correspondent David Pogue. You might not realize it, but we 're already living

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through the beginnings of climate chaos. In Arizona, laborers now start their day at 3 a.m. because it ' s too hot to work past noon. Chinese investors are snapping up real estate in Canada. Millennials have evacuation plans. Moguls are building bunkers. Retirees in Miami are moving inland. In *How to Prepare for Climate Change*, bestselling self-help author David Pogue offers sensible, deeply researched advice for how the rest of us should start to ready ourselves for the years ahead. Pogue walks readers through what to grow, what to eat, how to build, how to insure, where to invest, how to prepare your children and pets, and even where to consider relocating when the time comes. (Two areas of the country, in particular, have the requisite cool temperatures, good hospitals, reliable access to water, and resilient infrastructure to serve as climate havens in the years ahead.) He also provides wise tips for managing your anxiety, as well as action plans for riding out every climate catastrophe, from superstorms and wildfires to ticks and epidemics. Timely and enlightening, *How to Prepare for Climate Change* is an indispensable guide for anyone who read *The Uninhabitable Earth* or *The Sixth Extinction* and wants to know how to make smart choices for the upheaval ahead.

"Global Environmental Issues, a new addition to CQ Press's proven series of readers based on selections from the award-winning CQ Researcher, covers twelve important, contemporary policy issues." -- Back cover

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